

Term 3 Week 2
Date – 19 July 2021



Collaboration Respect Motivation Resilience Positivity

JULY Term 3 UP COMING EVENTS	
WEEK 2	
Mon 19	
Tue 20	Breakfast Club – 8.30am – 8.50 am P & c Meeting 7.30 pm
Wed 21	MECCANO – 10.00 am Enrichment 2.05 pm
Thurs 22	Breakfast Club – 8.30am – 8.50 am
Fri 23	
WEEK 3	
Mon 26	Kindergarten 100 Days
Tue 27	Breakfast Club – 8.30am – 8.50 am
Wed 28	MECCANO – 10.00 am Assembly 2.05 pm – Years 5-6 School Board Meeting – 5pm
Thurs 29	Breakfast Club – 8.30am – 8.50 am
Fri 30	
School Contacts	
Front Office – 614 20077	
Absence Email: info@lathamps.act.edu.au	
Principal: lyndall.read@ed.act.edu.au	
Deputy Principal: karen.wilson@ed.act.edu.au	
Executive nghi.perrium@ed.act.edu.au	
Executive 1/2 michael.smith@ed.act.edu.au	
Executive 3-6: Toni.brammall@ed.act.edu.au	
Business Manager: Samantha.chapman@ed.act.edu.au	
Latham School Board: lathamprimaryschoolboard@gmail.com	

From the Acting Principal

Dear families,

Welcome to term 3. I hope that you managed to use the time over the school break to have some 'down time'. I know that Lyndall spoke about the importance of this with the students and wider community at the end of term. I know that many families had the disappointment of holiday plans changing at the last minute. My plans for an extended family visit were also put on hold due to COVID restrictions. This is definitely a time for resilience and continued focus on gratitude for all we have in these times where many people across the world continue to live through great hardship.

On the staffing front, we welcome back the following people:

- Melissa Mongan from her sojourn to the Education Support Office,
- Samuel Bird from his paternity leave, and
- Gavin Molyneux from his traipsing around the county side.

With Lyndall on leave for the first 2 weeks, we welcome Emma Davidson from Southern Cross Early Childhood School as Deputy Principal, while I backfill for Lyndall.

With Toni Brammall continuing in her School Leader C (SLC/Executive teacher) role, Erin Hickson will work on Toni's class for the remainder of the year. In light of this, the class name will change to 3/4EH.

Manda Kresic continues on 5/6EB while Eddy is on leave this term with the birth of the twins last term.

Throughout semester 1, staff focussed on strategies to improve student outcomes in writing. This semester, the focus is changing to maths. I am excited to see the impact our work has on student outcomes in the coming months.

Regards,
Karen

Acknowledgement of Country

Dhawra nguna, dhawra Ngunawal.

Yanggu gulanyin ngalawiri, dhunayi, Ngunawal dhwara.

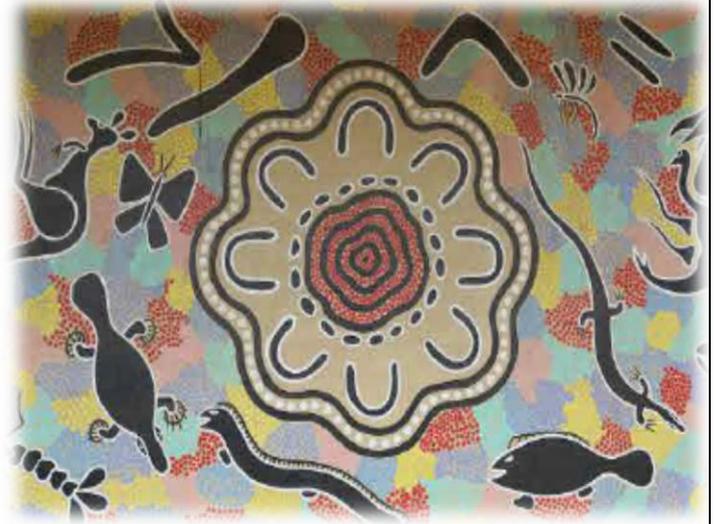
Wanggaralijinyin mariny balan bugarabang

We at Latham Primary would like to acknowledge and thank the Ngunawal people for letting us play, learn and live on this land. **We respect your connection to this country, ongoing culture and elders. We will help pass on knowledge of the Ngunawal culture, languages and traditions.**

Ngunawal Language Revival Project Working Group 2018

Latham Primary School Cultural Integrity Project Team

and Student Acknowledgement Working Group 2018



Information for the Latham community

Hello Latham community, what a wonderful start to the term. I noticed lots of smiling faces on that first Monday, both from the students and parents. As I was walking around though, I sensed a little stress coming from parents and students about some of the changes we are advised to make to keep us safe. I thought it prudent I share some information of about what we can do to help us and those we love.

Work–life balance: preventing burnout

Burnout is a state of emotional, mental and physical exhaustion caused by excessive and prolonged stress. Burnout is a gradual process that happens over an extended period. It can creep up on you if you're not paying attention to the warning signs. Think of the early symptoms of burnout as warning signs or red flags that something is wrong and needs to be addressed. If you pay attention to these early warning signs, you can prevent a major breakdown. If you ignore them, you'll eventually burn out.

Slow down

When you're burned out, simply adjusting your attitude or paying more attention to your health isn't going to solve the problem. You need to:

- force yourself to slow down and take a break
- visit your doctor
- cut back whatever commitments and activities you can
- give yourself time to rest, reflect and heal

Get support

Your natural tendency when burned out is to protect what little energy you have by isolating yourself. But your supports (friends, family, colleagues), are even more important now. Simply sharing your feelings with another person can help and don't forget to talk to your doctor.

Kind regards

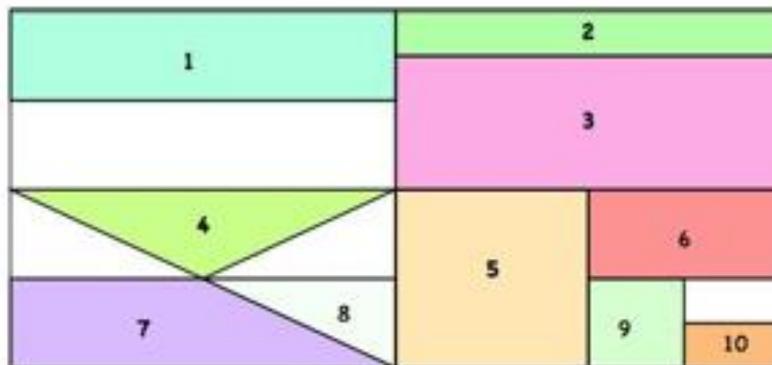
Mike Smith

REDCO, Latham primary School

The Latham Mathematics Challenge

Is BACK!!!

Task 1: Fraction Rectangle



The large rectangle above is divided into a series of smaller quadrilaterals and triangles. Each of the shapes is a fractional part of the large rectangle.

Can you untangle what fractional part is represented by each of the ten numbered shapes?

Task 2: A Bowl of Fruit

A Bowl of Fruit

Half the pieces of fruit in the bowl are apples.

There are also three oranges, two pears and a banana.



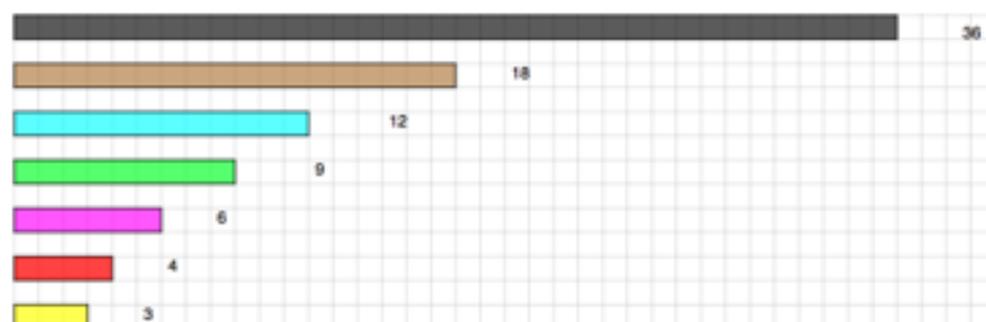
How many apples are there in the bowl?



nrich.maths.org

Task 3: Fraction Lengths

Here are some lengths, which could be made out of lego or strips of coloured paper/card:



To start with, the **black** will be counted as ONE so that the **brown** one is $\frac{1}{2}$ the **blue** one is $\frac{1}{3}$, etc.

Using different combinations, put them together to equal the length of the **black**, which is 36 long.

For example, if you were to choose the **brown**, **blue** and **magenta** (pink) you could write them down as the $\frac{1}{2}, \frac{1}{3}, \frac{1}{6}$

So we would have: $\frac{1}{2} + \frac{1}{3} + \frac{1}{6} = 1$

Task 4: Fractions around us

Take a photo of a fraction that you identify at home or when you are out in the community.



Have a go at completing all or some of these mathematics challenges and bring your challenges to the front office where they will be placed in the mathematics challenge box.



Science Week Home task challenge

Food: Different by Design

Junior Challenge



Design a veggie snack

Get creative with your family and design a new way to eat veggies, here is an example:

This is one way to make veggie scrap crackers. You can use carrot scraps, beetroot scraps, sweet potato, red onion, parsley, spinach, capsicum, or broccoli. Place one third of a cup of chia seeds and one cup of water in a bowl. Stand for fifteen minutes to soften. Place the chia mixture in a food processor with one and a half cups of plain flour, 250 grams of carrot scraps chopped into small pieces, and one tablespoon sea salt flakes. Process until a sticky dough forms and place mixture between two baking-paper-lined baking trays. Then, using a scraper, thinly spread the mixture to create a rectangle that is 1mm thick. Lastly, bake in a 170 degree Celsius or a 150 degree Celsius fan-forced oven for 45 minutes. Stand in the oven for 2 hours to cool completely. Serve with a dip of your liking. Your challenge is to design an appetising vegetable snack. Might you add veggies to cakes and muffins, or soups, or dips?

Take a photo of your creation and write the procedure of your recipe design. You can email your photo and design to info@lathamps.act.edu.au , Photos and recipes will be put on display.

Once you have read this challenge you can begin designing and sending your ideas, this home task will continue till the end of week 6, Term 3. Enjoy some family baking.

Science Week Home task challenge

Food: Different by Design

Senior Challenge

Design a pizza party

Get creative with your family and design your very own pizza.

Your job is to create a good base tomato sauce and add the toppings you like. Why not even design a fruit pizza?



Take a photo of your creation and write the procedure of your recipe design. You can email your photo and design to info@lathamps.act.edu.au , Photos and recipes will be put on display.

Once you have read this challenge you can begin designing and sending your ideas, this home task will continue till the end of week 6, Term 3. Enjoy some family baking.

📖 New Books! 📖

Hello everybody! Welcome back to Term 3! I hope you all had a great holiday. Here are some brand new books in the library to start your term with!

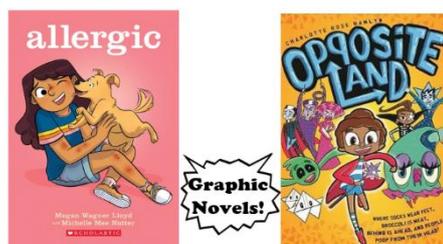
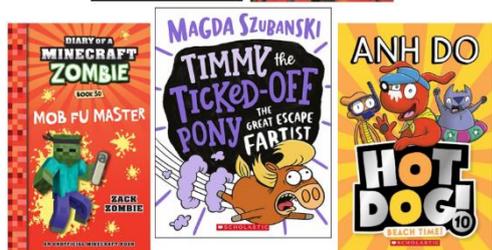
To start, we have a couple of new series for you to check out! From the much-loved Anh Do, we have *Rise of Mythix*, an action-packed adventure where three legends reborn must join forces in order to defeat an evil tyrant. And for soccer lovers, we have the *Tiny Timmy* series, written by the record goal scorer for Australia, Tim Cahill! Follow Timmy as he becomes the one of the best soccer players the nation has ever seen!

Continue your favourite series with these new releases! Will Megara be able to complete her trials to become a goddess in *Go the Distance*? Amber is on the run from government agents after her powers in *Sky Dragon: Fly Free*! What horrible situation has Timmy's treacherous tummy gotten him into this time in *The Great Escape Fartist*? Hot Dog and his friends go to the beach for some summer fun, but will their plans be ruined in *HotDog! Beach Time*? And what happens when Zombie finds a magical kung-fu granting scroll in *Mob Fu Master*?

Maybe you want to give something new a go? If so, check out one of these! In *Allergic*, Maggie desperately wants a puppy, but it turns out she's allergic to fur! Steve is transported to a world where

mermaids are reversed, star fish live in the sky, and mountains are made of ice-cream in *Opposite Land*! Can Paris help her new friend Amelie find her dog in the fun little mystery, *Paris Takes Over the World*? Will Levi survive his dad's crazy plan for pulling off the ultimate stunt in *Stunt Kid Seriously Stacks It*? And what will happen to Maxwell after he erases himself from existence in *The Day I Was Erased*?

We also have some great new picture books! Celebrate one of the world's oldest cultures with the gorgeous *Coming Home to Country*. Will the cat find a suitable castle for his majesty to sleep in in *The Cat Wants a Castle*? Follow Macca on his hiking journey to inspire his inner artist in *Macca the Backpacker*! Bin Chicken finds the best feast of her life in the hilarious *Winner Winner Bin Chicken Dinner*! And marvel over beautiful illustrations of our native wildlife in *Pete Cromer's Australia*. I hope you've had a great start to the term, and keep up with your fantastic reading! Mimi



LATHAM PRIMARY P&C ASSOCIATION

Supporting our school and community together.



Breakfast Club News

Did you know breakfast club is free and open for all students to attend?



We're open on Tuesday and Thursday mornings, weeks 2-9, and we're looking for more helpers!



We're seeking volunteers for our Tuesday and Thursday morning crew. It's a great opportunity to become more involved in our school community.

- Our core serve times are from 8:25-9:05am, but we would also gladly accept help with set up (from 8am) or pack up from 8:45am.
- Younger siblings are welcome to come along too. No need to feed the kids before you leave home!
- If you can't help, do you have friends or relatives who may be interested? WWVP card required.

Please get in touch! Volunteer here:

<https://volunteersignup.org/8D4PE>

Lost Property

Have you checked the overflowing Lost Property recently? Better yet, have you asked the kids to have a look? What a great idea to give the kiddos a lunchbox reminder or two to go take a look...



Canteen News

Don't forget about the Canteen Cash cards available for both \$3 or \$5 via Flexischools!



Do you have some time to volunteer in our canteen on a Friday? Please let us know:

<https://volunteersignup.org/9RLWR>

We're still looking for a collaborative group to support our school canteen in the background. If you've got great ideas to share as part of the Canteen sub-committee, please let us know! Contact the P&C Committee at

lathamprimarypandc@gmail.com

P&C Council News

Language video comp!

The ACT Bilingual Education Alliance is running a [video competition](#) for students! Team up with someone who speaks another language, film a short video using a language other than English and you could win \$100! It could be your family language, a community language, a language that you are learning, or a language that you try out just to make the video.

Next Meeting

The next P&C Meeting will be **Tuesday 20th July at 7.30pm** Raiders Club in Holt. **Everyone welcome!**

Want to get in touch?

Email lathamprimarypandc@gmail.com or search 'Latham Primary School P&C' on Facebook (don't forget to answer the group questions, so Admin know to add you!).



FREE parenting help for working women or those returning to work



Parentline ACT has a new service to help with the issues, stress and realities of being a working Mum.

Call us on 02-6287 3833 for:

- free advice and information,
- phone counselling,
- to book a free face-to-face/zoom session or
- more information about this program.



Supported by



02 6287 3833 or www.parentlineact.org.au

SAVE THE DATE

Book Week is coming to Latham Primary School this term in Week 7! We will have a Dress Up Day on **Thursday 26th August**. Watch this space for more information to come!

<https://www.cbca.org.au/cbca-book-week>





BASKETBALL FOR JUNIORS



We Get Kids Active!



Just \$90 for 6 classes in Term 3 2021

- Boys & Girls aged 3 - 9 Years
- Skills based intro to Basketball
- Indoor sessions
- Modified equipment
- Ideal for beginners
- Age appropriate programs
- Parent help for 3+4 year olds
- BASKETBALL TO KEEP!

Location: Melba

Melba Copland College Enter from Verbruggen St, Melba

Starts

Saturday 24th July

3 + 4 year olds - 9.45am to 10.30am
5 + 6 year olds - 10.30am to 11.15am
7 - 9 year olds - 11.15am to 12.00pm

\$90

\$90

ENROL + PAY ONLINE AT

WWW.GETACTIVESPORTS.COM.AU

\$90 FOR 6 SESSIONS INCLUDING A BASKETBALL FOR YOU TO KEEP!

Programs Focus on Improving Co-ordination and Motor Skills

For more info call us on 1300 772 106 or email us at info@getactivesports.com.au

PLAY NOW PAY LATER – PAY BY INSTALMENT OPTION AVAILABLE



24th Annual Photographic Competition

Open to Students attending Australian Schools
for photos taken at the ANBG

Closing date: Friday 24 Sept 2021

The Australian National Botanic Gardens in Canberra is one of the world's most precious collections of Australian plants, which is valuable for the community and for scientific research. This competition is an excellent opportunity for students to become aware of the value and beauty of the Australian National Botanic Gardens and, by exercising their photographic skills, to share that beauty with other visitors.

Entries will be on display in the Exhibition Gallery of the Visitor Information Centre
from Wednesday 3 November to Sunday 21 November 2021

Presentation of prizes will be at 12 noon, Saturday 6 November 2021.

Information concerning the Photographic Competition and winning entries from earlier competitions can be viewed on our web site: <http://www.friendsanbg.org.au>

For further information please email: schoolphoto@friendsanbg.org.au

Please ensure that you understand and adhere to the following **Visitor Code**.

- Keep to the paths
- Do not pick living material
- Take rubbish home with you
- Do not feed wildlife
- Do not climb rocks, trees, or walls
- No ball games, frisbees or kites



24th Annual Photographic Competition

Open to Students attending Australian Schools
Years 1 to 6
for photos taken at the ANBG
(Individual entries accepted)

All entries must be photographs taken within the AUSTRALIAN NATIONAL BOTANIC GARDENS in Canberra, and feature some aspect of the Gardens, such as plants, wildlife, scenery.

CATEGORIES:

- Monochrome
- Colour

Each student is allowed one entry per category.

Cropping, straightening, exposure adjustment and minor technical adjustments are permitted in all categories.

Space may restrict the number of photographs exhibited.

CASH PRIZES will be awarded in each category:

- First : \$60
- Second : \$40
- Third : \$20
- \$200 will be awarded to the School of each First Prize winner
- \$100 will be awarded to the School of each Second Prize winner

There will also be one award for

- Peoples Choice : \$50
- Rangers Choice : \$50

Entries should be lodged:

In person: At the Visitor Information Centre, Australian National Botanic Gardens, Clunies Ross Street, Canberra.

By mail: Send to 24th Annual Photographic Competition, GPO Box 1777, Canberra, ACT 2601.

Closing date for entries: Photographs must be received by Friday 24 September 2021.

Prizes will be presented: at 12 noon, Saturday 6 November 2021, at the Gardens.



24th Annual Photographic Competition

Open to Students attending Australian Schools

ENTRY FORM Years 1 to 6

Complete and sign this form.

Please ensure:

- All printed images including mount are A4 in size (21x30cm).
- Are securely mounted on light weight material (eg card stock, foam board).
- Frames not permitted.
- Print your name, school, and the title on the back of each entry. Indicate the top edge, and the priority order of hanging.
- Do not attach the entry form to the mount with adhesive material of any sort.

NAME : _____

SCHOOL NAME: _____

School year _____ School phone _____ School email _____

Hanging Order	Title	Mono chrome	Colour	Office Use Only
1				
2				

I acknowledge :

- a) These photographs were taken at the Australian National Botanic Gardens in Canberra.
- b) The Friends of the Australian National Botanic Gardens may choose to retain possession of any photographs entered in the competition.
- c) The Australian National Botanic Gardens and the Friends of the ANBG will have the right to use any photograph in its newsletter, website and/or promotional material. All published images will be credited.
- d) Local entries will be available for collection from the ANBG for one month after the close of the exhibition. Interstate entries will only be returned if a prepaid self-addressed envelope is provided.
- e) The Friends of the Australian National Botanic Gardens will not be liable for loss or damage to any material.
- f) The judges' decision will be final and no correspondence will be entered into.
- g) I have respected the restrictions of the Australian National Botanic Gardens as set out in the Visitor Code.

SIGNATURE : _____ DATE : _____