

**Term 4 Week 2**  
**Date – 26 October 2021**



*living to learn*

Collaboration Respect Motivation Resilience Positivity

OCTOBER	UP COMING EVENTS
Wednesday 27	Teddy Bear's Picnic
Friday 29	World Teacher's Day
NOVEMBER	BASE Assessments Kindergarten
Monday 1	Return to on-campus learning for years 3, 4 & 5
Week 6	First Nations Bedtime Stories Challenge
Wednesday 10	Assembly 2.05 pm - Kindergarten

#### School Contacts

Front Office – 614 20077

Absence Email:  
[info@lathamps.act.edu.au](mailto:info@lathamps.act.edu.au)

Principal:  
[lyndall.read@ed.act.edu.au](mailto:lyndall.read@ed.act.edu.au)

Deputy Principal:  
[karen.wilson@ed.act.edu.au](mailto:karen.wilson@ed.act.edu.au)

Executive P-K  
[sam.bird@ed.act.edu.au](mailto:sam.bird@ed.act.edu.au)

Executive 1/2  
[michael.smith@ed.act.edu.au](mailto:michael.smith@ed.act.edu.au)

Executive 3-6:  
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Business Manager:  
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Latham School Board:  
[lathamprimaryschoolboard@gmail.com](mailto:lathamprimaryschoolboard@gmail.com)

Latham School Website:  
<http://www.lathamps.act.edu.au/>

#### From the Principal

Dear Latham families

Welcome back to our children in Preschool, Kindergarten, Year 1, Year 2 and Year 6! We had the best day yesterday. It was so lovely to see children reconnecting with their friends and teachers. They did such a good job to stay on their side of the playground in their cohort, move around the school avoiding overlaps and use the right toilets! Champions!!! We cannot wait until next week when the rest of the Year, Year 4 and Year 5 children come back!

Our team are focussing on making sure everyone is connected and supported over these next few weeks. If you have any concerns or questions please email your child's teacher. They are more than happy to support your child.

Hats!

It is that time of the year and we need hats back on for all children at Latham. Please help your child to set up a routine to make sure that their hat is in



their bag every day. If you would like more sun safe information you can check out the Sunsmart website here [www.sunsmart.com.au](http://www.sunsmart.com.au).

#### School Satisfaction and Climate Survey



EDU Surveys and Evaluations have sent all our families an email about the School Satisfaction and Climate Survey. If you have more than one child, there will be a survey link for each child. This survey is usually sent out towards the end of term 3. Due to the pandemic, the Education Directorate delayed this process. If you can complete the survey this will provide us with data that will assist us to strengthen the way we work with our Latham families and help us to identify areas for improvement. Friday 12 November 2021 is the last day to respond.

## Class placement 2022

We are at that time of the year when we are starting to plan for our classes in 2022. I would encourage you to talk with your child about who are positive working partners, rather than friends, because sometimes our friends do not help us to be the best learners we can be in class. This is an optional form but if you would like to provide some feedback please complete the form at the following link

<https://forms.gle/iUSyMUAwScwXFCfn6>. This information will be considered alongside the extensive knowledge of your children that the staff teams have developed over the years. Please complete a form for each of your children. Please note that due to competing priorities not all requests may be able to be actioned.

## Staffing

Our Year 1 and Year 2 families would be aware that Emma Peacock has finished up to prepare for a new addition to the Peacock family. We wish her all the very best and we are excitedly awaiting news of the birth! Kate Gallaher is joining the Latham team and will be teaching alongside Brit in the Learning Lemons. Kate will share more information about herself in the next newsletter. Please join me in welcoming Kate to the team.

Kind regards

Lyndall Read



### Acknowledgement of Country

Dhawra nguna, dhawra Ngunawal.  
Yanggu gulanyin ngalawiri, dhunayi, Ngunawal dhwara.  
Wanggaralijinyin mariny balan bugarabang.

We at Latham Primary would like to acknowledge and thank the Ngunawal people for letting us play, learn, and live on this land. We respect your connection to this country, ongoing culture, and elders. We will help pass on knowledge of Ngunawal culture, languages, and traditions.

*Ngunawal Language Revival Project Working Group 2018*

*Latham Primary School Cultural Integrity Project Team and Student Acknowledgement Working Group 2018*

## **Important Information for the Latham community**

The Education Directorate have created anxiety and Returning to School video series for parents and carers. Is your child feeling anxious and worried about returning to school? The ACT Education psychology service have produced three short videos to help you support your child as they return to school in the next couple of weeks. The videos are on YouTube and are titled:

- [Understanding Anxiety](#)
- [Responding to Your Child's Anxiety](#)
- [Return to School Plan](#)

Contact Clinical Practice on 02 62059555 or [EDUClinicalPractice@act.gov.au](mailto:EDUClinicalPractice@act.gov.au).

## Information for the Latham community about 'why it is safe to return to school'.

In meeting a range of parents at the entry gates and at pick up, I have encountered a couple of questions on why is it safe to return to school? While some students are back at school and others will be here soon these videos may help answer some of your questions.

In [these videos](#), Minister for Education and Youth Affairs, Yvette Berry answers questions and talks to the ACT Deputy Chief Health Officer Dr Vanessa Johnston, the ACT Children and Young People Commissioner Jodie Griffiths-Cook, and some of our very own ACT public school students.

They cover a range of topics with some great advice on safety measures, and information about what kids can expect going back to on site learning.

Visit [Why it's safe to return to school](#).

After watching these highly informative videos, if you have further questions, please contact the school.

Mike Smith  
Executive teacher  
Latham Primary School

# WELLBEING FAMILY ACTIVITY CALENDAR

1	2	3	4	5	6	7
<p><b>Journal</b> Create a record of this unique time through journaling. Incorporating things that you are grateful for, no matter how small, can produce feelings of positivity.</p> 	<p><b>Maintain a routine</b> Routines provide structure and can help with emotional stability. Try to eat, exercise, go to sleep and wake up at the same time each day.</p> 	<p><b>Try meditation or mindfulness</b> Mindfulness and meditation can help to stop everyday stresses from controlling your emotions.</p> 	<p><b>Exercise</b> Incorporate some exercise into your day and notice the effect it has on the way you feel emotionally and physically.</p> 	<p><b>Listen to a podcast</b> Podcasts can inspire, educate, and entertain us and are a wonderful way to pass time without looking at a screen.</p> 	<p><b>Learn &amp; create</b> Invest your time in something you have always been curious about trying.</p> 	<p><b>Stay social</b> Find a way to interact with different people throughout your day using technology.</p> 
8	9	10	11	12	13	14
<p><b>Food &amp; mood</b> Research indicates that dietary choices impact our mental health, physical health and quality of life. What changes could you consider?</p> 	<p><b>Music &amp; dance</b> Our minds and bodies are connected and moving our bodies to music has real benefits for wellbeing. As the saying goes, 'Dance like no one is watching.'</p> 	<p><b>Tidy space tidy mind</b> Our physical environment has been shown to have a direct impact on our mood. Set 10 minutes to organise your room, email inbox or technology folders.</p> 	<p><b>Choose your news</b> Give yourself a break from the news – why not read a book?</p> 	<p><b>Nature lover</b> Connect with nature from your window, balcony or by watching a documentary. Appreciating nature has been shown to increase health and happiness.</p> 	<p><b>Enjoy the sunshine</b> Sunshine can lift our spirits and reduce stress. Let the sunshine and natural light into your room.</p> 	<p><b>Be kind to yourself</b> You are likely to feel a range of emotions and the way you talk to yourself matters. Notice when you are being self-critical and swap it for compassion.</p> 

# Teddy Bears' Picnic (P-2)

**A Celebration of Children's Week**

**To celebrate Children's Week, Latham Primary will be holding a Teddy Bears' Picnic for Years P-2. We invite children to bring a teddy with them to school and a picnic lunch.**

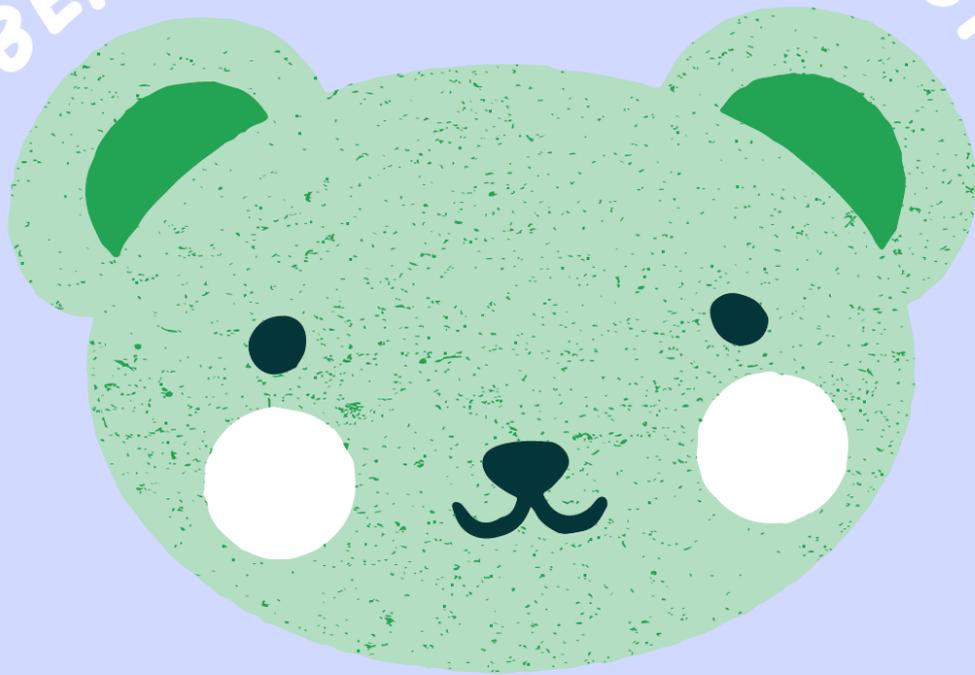
WEDNESDAY 27 OCTOBER  
LATHAM PRIMARY SCHOOL

We will also have a competition for:

- Biggest bear
- Smallest bear
- Best-dressed bear
- Sports fan bear
- Scariest bear
- Most glamorous bear
- Best purple bear



# TEDDY BEARS' PICNIC IN YOUR BACKYARD



YEARS 3-6

TO CELEBRATE CHILDREN'S WEEK, YEARS 3-6 STUDENTS ARE ENCOURAGED TO HAVE THEIR OWN PICNIC WITH A TEDDY AT HOME.



WEDNESDAY 27 OCTOBER

SEND PHOTOS OF YOUR PICNIC TO [SAMUEL.BIRD@ED.ACT.EDU.AU](mailto:SAMUEL.BIRD@ED.ACT.EDU.AU) TO ENTER THE COMPETITION FOR:

- BIGGEST BEAR
- SMALLEST BEAR
- BEST-DRESSED BEAR



- SPORTS FAN BEAR
- SCARIEST BEAR
- MOST GLAMOROUS BEAR
- BEST PURPLE BEAR



### **E Safety information for the Latham Community**

Thankyou everyone for all your hard work over the remote learning period. In talking to a range of families about their experiences, I have heard that many families found it difficult to totally control the online space their child was spending more of their time in. I thought some information about online safety would be appreciated. This online safety website also has some very practical and helpful resources for parents as well. Remote learning may be over for now but educating yourself and your children about the dangers of the online world can only be beneficial for future learning.

#### **Advice to teacher and families to support learning years 1-2**

To support teachers and families with an educative approach, we have provided a suggested range of teaching materials to assist you with designing learning to meet the needs of your students. These materials are aligned with the Australian Curriculum 'Online Curriculum Connections', the General Capabilities, Digital Technologies and Health and Physical Education curriculum.

The Office of the eSafety Commissioner has developed the **eSafe kids'** resources to support younger students understand the importance of being safe online and what to do when they have unwanted contact online.

The learning outcomes include:

- Students learn to deal with unwanted contact and who to speak to;
- Students learn to take action and report when they see something online that they don't like;
- Students learn to keep their personal information online private.

<https://www.esafety.gov.au/kids>

#### **Advice to teachers and families to support learning years 3-6**

To support teachers and families with an educative approach, we have provided a suggested range of teaching materials to assist you with designing learning to meet the needs of your students. These materials are aligned with the Australian Curriculum 'Online Curriculum Connections', the General Capabilities, Digital Technologies and Health and Physical Education curriculum.

The Office of the eSafety Commissioner has curated a set of three modules which can be used as standalone lessons or as a series. When used as a series, they foster a deeper understanding of online safety. The module below will provide learning that will help develop students' knowledge, skills and understanding about online images and sharing of content.

The learning outcomes include:

- Students identify safe sharing of content/images online;
- Students describe and use strategies to protect their content/images online;
- Students understand risks of friending strangers online;
- Students recognise when to seek help with online dilemmas.

<https://www.esafety.gov.au/kids>



Hi families – welcome back to school!

### Canteen News!

- The canteen will be open again from this Tuesday 26th October (Week 4) for lunch AND recess
- Order cutoff will be 8am on the day
- This term we have a reduced menu (due to limited staff)
- We ask where possible that families spread their orders over the week (rather than only Fridays)
- Due to COVID restrictions there may be times where orders can't be fulfilled, we will endeavour to communicate issues early



**Canteen  
OPEN from  
Tuesday**

**PLACE ORDERS ON  
FLEXISCHOOLS BEFORE 8AM!**



**TIP:** Update the Flexischools app before you make your next order

**TIP! Update your Flexischools app before you make your next order**

Due to COVID19 and changes to the ordering cut off times the canteen has suffered a serious loss these last two years. So that we can continue to keep the canteen operating we will be running various promotions and making some big changes in order to make the canteen financially viable again, your support will make all the difference.

**Teddy Bear's Picnic!** - Support the canteen with a cupcake on Teddy Bear's picnic this **Wednesday 27 October**.

**HOT DOG and ICE CREAM DAY coming up!** We will be having a special canteen **Hot Dog and Ice Cream day - Wednesday 3rd November**. Order today on Flexischools!



**Support the canteen with a lunch order and cupcake  
Teddy Bear's picnic this  
Wednesday 27 October  
Order on Flexischools NOW**



**Support the canteen on  
HOT DOG and  
ICE CREAM DAY  
Wed 3rd November  
Order on Flexischools NOW**

## Latham Primary P&C Annual \$1000 Raffle

This year the P&C have had to cancel so many events that are staples in our Calendar! In 2021 we did not get to have any discos, mango fundraisers or fetes but the one event that can withstand Covid and lockdowns is the \$1000 Raffle!!

Get your tickets today at: <https://rafflelink.com.au/lathamsp2021raffle>

Tell your friends, family and co-workers to secure their tickets too!

Ticket sales close Friday 19 November.

Only residents of the ACT & NSW can purchase tickets.

The winner will be drawn Saturday 20th November, notified via phone call and announced on the P&C website.



## World Teachers Day this Friday!

Thank you to our families for the overwhelming response to our fundraising for World Teacher's day. Your generous donations have funded the purchase of teacher gift packs. Any additional money received will be put towards a final end-of-year thank you to our teachers. We will organise delivery of the packs from Natalie at [Pink-a-Boo Designs](#) to the schools, but be sure to message thanks to our amazing teachers on the day!

## Next Meeting

Our next meeting is scheduled for **Tuesday 16 November, 7.30pm**. Details to come!

- Latham P&C Committee 2021 #Lathamcan

LEAGUESTARS.COM



# PLAY

## LEAGUE STARS

The League Stars program appeals to the true nature of kids, in all their messy, high energy, love of fun and play. Each week, your child will participate in specially designed games that get them smiling and sweating.

League Stars kids have loads of fun with their friends, old and new, but the program delivers so much more. Each week they'll unlock more of their unique strengths, building physical, cognitive, social and emotional skills that will help them take on challenges big and small, now and in the future.

**REGISTER FOR LEAGUE STARS**  
**LEAGUESTARS.COM**

**WHEN:** 2/11/2021 - 7/12/2021  
**TIME:** Tuesday 4.00pm - 5.00pm  
**LENGTH:** 6 sessions  
**AGE:** 5-12  
**COST:** \$79

**WHERE:**  
NSWRL HQ  
2 Eade Street  
Bruce  
ACT 2617

**YOUR LEAGUE STARS COACH IS:**

Shane Read  
sread@nrl.com.au  
0428 844 177



Prices may differ from those shown

