



ACT
Government
Education

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Cross Country – Thursday 11 April

Dear parents and carers,

Next Thursday 11 April is the Latham Cross Country Carnival. Students have been practising some long distance running during their PE lessons. The carnival is due to start at 11:00am and finish approximately at 1:00pm. The schedule of events is as follows:

1. 11 and 12 years
2. Preschool
3. Kindergarten
4. 7 years
5. 8 years
6. 9 years
7. 10 years

Start times for races will be dependent on the completion of ones before; hopefully running in 15-minute intervals.

Students are encouraged to wear their house colours for the day - **Umbagog: Green, Brindabella: Blue** and **Casuarina: Yellow**, as well shoes appropriate for running. As we are out in the sun, students are reminded to bring a drink bottle and hat and put sunscreen on in the morning.

In order for this event to run smoothly, we would like to request the support of some parent volunteers. Support jobs include marshalling students towards the starting point and the finishing line, leading warm ups, running with students, supporting at the recording desk, supervising checkpoints placed throughout the course, and ensuring students are continuing on the set course.

If you are available could you please complete the attached slip and return it to the front office. Melissa Mongan will be parent coordinator on the day. Could slips please be returned by **Monday 8 April**, so the organising committee can plan accordingly.

Thanks in advance for your support with this event

Melissa Mongan

Executive Teacher

Thursday 4 April



Volunteer slip for Latham Cross Country – Thursday 11 April 2019

I am available to volunteer at the Latham Primary Cross Country event to be held on the 11 April 2019.

Name: _____ Phone No. _____

Email contact: _____