Dear parents and carers,

Transitions: Expectations and concerns

Transitions are a part of life for all students. From preschool to school, from junior school to senior school, from senior school to high school and so it goes. Managing these transitions can be difficult for students and parents alike. When speaking with students there are two broad categories their thoughts fall into; expectations and concerns.

Transitions are a critical point in any child’s (or adult’s) life and for students can directly impact on their wellbeing and learning. What role do we play in the process as educators, caregivers and supporting people in their lives? We can frame the experience for them in a way that gives them the best chance of success. Over the past few weeks, and the weeks to come, many children in our school have and will be working on transitions both inside and outside our school. During this time our role is to shape the experience, as much as we can, so that students feel positive and successful.

The easiest way for us to support students is to be there and to listen, and when appropriate to prompt conversations and deeper thinking. Children have valuable knowledge about what matters to them in their transition, have different perspectives to adults on what matters and often need more opportunities to speak about this change in their lives than adults would. In some cases students may not know what they are excited or concerned about and prompting can help them to unlock new thoughts about the process. Expectations are very much specific to each child, however there are a range of common concerns that you can discuss with your children to support them during this important time in their lives.

Common concerns
- Losing old friends
- Making new friends
- ‘fitting in’
- Getting lost in a new, bigger environment
- What support people there will be (Who do I know? What teachers will be there?)
- An increase in academic expectations
- New social boundaries (changes in how and why peers act in certain ways)
- Different curriculum (What if I don’t know enough to succeed?)
- Changes in routines, processes and rules

As you can see from the above list, many concerns are related to social aspects of a child’s life. This is no mistake as research clearly shows that ‘social’ concerns are paramount for students of any age during transition times.

Week 9 Disco

On 12 December (Friday Week 9) the P&C is holding last school disco for the year. Unlike our normal discos this one is being held during school hours, from 1:30 to 3:00. All students are invited to attend. If you would prefer that your child not attend please contact your child’s class teacher to let them know. There will also be a P&C thank you free sausage sizzle, so come along and enjoy the afternoon with us!

The ordered Tom’s Superfruit cards are available for pick up at the front office. For those that missed out the promotion will be available again next year. Thanks Amanda

Karen Wilson
Janet Abbott

Notes home
Canteen pizza day
17 Nov
Latham Primary Giving Tree
Ride or walk to School Launch
School Concert Note
Kindy Teddy Bears Picnic
Book packs 2015
10 Dec

Remaining Assembly dates for Term 4 – 1:45pm start
Wednesday – 3 December SLT & Recorder group performance, & 15 December – Year 6 Graduation

Dates to Remember – Please mark your Calendar
28 Nov  P&C Meeting -9:30am at the cottage
2 Dec  RIDE TO SCHOOL LAUNCH 11:00am
3 Dec  Assembly – SLT Team & Recorder group performance
       Preschool Transition 11:30am - 1:00pm
9 Dec  Board Meeting – 5pm
10 Dec  Canteen treat day
11 Dec  Sausage Sizzle 5-6:00pm
       School Concert 6:30pm
       5/6 excursion to Lake Ginninderra
12 Dec  Reports sent home
       P&C thank you disco & free sausage sizzle
Assemblies
2014 has been a year with many memorable assemblies. Our thanks go to all teachers, students and parents who have invested hours of their time to make these productions come to life. Enjoy the rest of the year.

Yehuwdiy

Merit Awards

RIDE OR WALK TO SCHOOL NEWS
Latham Primary School has recently received 15 bikes and helmets as part of the ACT Health Ride or Walk to School initiative. The initiative is aimed at promoting and increasing students’ health & fitness, cycling skills and road safety awareness.

In recent decades, changes in Australian lifestyles have led to children getting less exercise in their normal day. In the 1970’s, 80% of Australian school children rode or walked to school. Today’s figures indicate a significant decrease in the number of students using an active mode of transport.

In recent school consultations, ACT students were asked how they would like to get to school. The result showed that most students are driven; however, the majority of students would prefer to get to school using an active mode of transport.

We are conscious that being fit and healthy assists students’ learning and therefore Latham Primary School embraces this program wholeheartedly.

We will be holding a launch event on Tuesday 2 December at 11am, to celebrate Latham Primary School’s involvement. Our special guest includes Caroline Buchanan – World BMX Champion, who incidentally is a Canberra born athlete.

We would love for you to be present at the event.

Thank you
Kimani

LIBRARY NEWS
Hi everyone!
Lots of exciting news this week.

CHIEF MINISTERS READING CHALLENGE
On Thursday, 13 October Stephannnie H and Marcus A represented our school at the ceremony for the Chief Minister’s Reading Challenge. The challenge was to read 12 books over one year: eight books from the list and four of their personal choice. This year we were a winner in the Preschool to Year 2 category. We received a certificate which will be placed in the library and a $150 book gift voucher. Well done everyone, great results!

SCHOLASTIC ONE DAY SALE/BOOK CLUB
Our one day book sale was a great success and a big thank you to those who donated books to the library and the Christmas giving tree.

Book Club Issue 8 is out and is due Friday, 28 November. Please note: returning on time is important, so orders can be delivered before the school holidays. This is the last Book Club for the year.

OVERDUE BOOKS
Once again notes will be coming home and all class borrowing will cease from Friday, 5 December. Please take a look around the house for any books and return them ASAP. Please let me know if you cannot find them. Thank you.

QUOTE FOR THE WEEK
“If you want your children to be intelligent, read them fairy tales. If you want them to be more intelligent, read them more fairy tales.”
~ Albert Einstein

Have a nice week. Heather Govender

SCHOOL BANKING REWARDS
Hello Boys and Girls,
Just a reminder of what is available to order in the last few weeks of School Banking for the year!! The last chance you have to order will be 10 December, so if you have lots of tokens please choose your reward at your next school banking day.

Scented pencils, shark keyring, sea streamers and moneybox are all available to order (please note the moneybox is low on stock so please make sure you place your orders this week)

Happy Banking!

KEYBOARD + GUITAR TUITION 2015
Please contact Sladjana or leave your name at the front office if you are interested in your child participating in after school guitar or keyboard lessons at Latham Primary. Those interested will receive additional information from Sladjana.
**Summer Intensive French courses**

Learning French is so much fun!

Two weeks from the 12th to the 23rd of January
Snack included!

Pre-kindergarten, Kindergarten & Children:
Tuesday to Thursday from 9:30am to 11:30am.
Teens: Monday to Friday from 1:30pm to 4:30pm.

You can enrol online, by telephone on 6247 5027 or better still drop in for a visit.

Alliance Française de Canberra
66 McCaughey Street, Turner ACT 2601
enquiries@afcanberra.com.au

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**Being a parent is the hardest job we'll ever have. All parents at some time experience difficulties and stress.**

**Parentline ACT**

is a confidential, anonymous telephone counselling and information service.

Phone Parentline if you would you like:

- To talk with someone about those parenting issues.
- Help with some ideas on raising children.
- Support in the important job you are doing.
- To know what is available for parents, teenagers and children.
- To build better relationships in your family.
- Help to understand your child or teenager’s behaviour.

Parentline ACT.

Monday to Friday (except on public holidays),
9am to 5pm.
Phone: 6287 3833