



Latham Lunch Box

Phone: 61420095

Hot Food

Corn Cobbette	0.50	G
Dino Snacks	0.80	A
Fish Fingers	0.80	A
Party Pie	1.30	A
Sausage Roll (half)	1.30	A
Sausage Roll (full)	2.50	A
Wedges	2.00	A

Burgers

Beef Burger (beef patty, lettuce and tomato)	4.30	A
Chicken Burger (chicken patty, lettuce and tomato)	4.30	A
Add cheese	0.20	G

Pizza

Pizza with cheese and 2 toppings (capsicum, corn, ham, pineapple, spinach, spring onion)	4.00	A
Extra toppings	0.30	

Pasta

Spaghetti Bolognese: Made in the canteen with a rich tomato base, vegetables and mince.	4.50
Vegetable Spaghetti Bolognese: Made in the canteen with a rich tomato base and vegetables	4.00

Hot Rolls

Cheese	3.00
Meatballs	3.50
Chicken	3.50
Add Cheese	0.40

Extra Items

BBQ Sauce Portion	Free
Tomato Sauce Portion	Free
Mayonnaise	0.30
Fork	Free
Spoon	Free
Paper Bag	Free
Tub of Cheese	0.30

Sandwiches

G Cheese	2.50	G
Shredded Chicken	3.00	A
G Egg	2.50	G
Salad	3.00	G
Tomato	2.50	G
Tuna	3.00	G
G Vegemite	1.50	G
G Extra Fillings	0.30	G
A Carrot, Cheese, Cucumber, Lettuce, Pineapple and Tomato		
Tuna, Egg or Chicken	1.00	G and A

Sandwiches can be with white or wholemeal bread and a toasting option is included in the price

The Latham Lunchbox is run according to the Australian Nutrition Guidelines. Food labelled with a G are Green Foods and can be consumed every day and food with an A are Amber Foods and are to be eaten selectively.



Snacks

Anzac Biscuits: Canteen Made	0.50	A
Cup of Fruit: Assorted and in season	1.00	G
Cup of Vegetables: Assorted	1.00	G
Carrot Sticks	0.05	G
Celery Sticks	0.05	G
Hard Boiled Eggs: Free Range	1.00	G
Piece of Fruit: In Season	0.30	G
Pikelet: Canteen Made	0.50	G
Popcorn: Canteen popped ☺	0.50	G
Pretzel Bag	0.50	G
Sultana Bag	0.30	G
Energy Balls: Oats, Seeds, Cocoa and Dates	0.30	G

Salads

Small Salad Box – Four items.	2.50
Large Salad Box – Six items	4.00
Side Salad – Three Salad Items: Carrot, Celery, Cheese, Cucumber, Lettuce, Pineapple, Tomato. Comes with a fork and a napkin	2.00
Frozen Delights	
Quelch Fruit Icy Pole (whole)	1.00
Quelch Fruit Icy Pole (half)	0.50
Frozen Juice	1.50
Frozen Pineapple Rings	0.40
Frozen Yogurt: Mango or Strawberry	2.50
Please note all frozen items on lunch order orders need to be picked up from the canteen by 1:10pm.	
Drinks	
Just Juice Fruit Box: Apple, Blackcurrant, Orange & Paradise Punch	1.70
Flavoured Milk: Chocolate or Strawberry	2.50
Plain Milk	1.70

The Latham Lunchbox Information

Order a meal

G You are able to order online through Flexischools www.flexischools.com.au ; please note the orders must be in by 8:30am.

Lunch orders are also able to be submitted to the canteen through the lunch buckets. Please make sure that your child's name and class are written clearly on the bag. Please note preschool lunch orders need to be submitted to the canteen directly.

Inquiries

A Please call the canteen on 61420095 for any inquires or to place an order over the phone.

Volunteering at the canteen.

A We always need volunteers in the canteen. Our key times and days are Friday 9am-1pm; Tuesday – Thursday 9am-10:30 and/or 11:30am-1:00pm.

Comments or issues

G The Latham Lunchbox is run by the Latham Primary School P and C, if you have any questions please call Katherine Stock on 0416248411 or email lathamcanteen@gmail.com

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