

Borambola Camp
Year 5
1 – 3 March 2021

Students who will be attending the school camp to Borambola Sport and Recreation Centre are required to have the following forms and actions completed:

- Permission Note
- Medical Information and Consent Form
- Online Registration with Borambola Sport and Rec
- Organised payment or payment plan

If you have any concerns related to cost, please contact the principal on 61420077.

Departure and Return

Borambola Sport and Recreation Centre are expecting us to arrive at 11am. As it is a couple of hours in transit we will need to leave by **8:00 am** at the latest. All students are asked to be at school by **7:30 am** so that we can check off all the lists and ensure all medication is handed in and forms are completed. Please meet the teaching staff on the 'grassy noll' adjacent to the cottage building at the front of the school. Students are asked to check in with their home group teacher and remain in that space with the remainder of their class until departure. By 7:45 am we will be moving towards the coaches to get all the luggage stored and make sure everyone is safely on the bus.

We will be having a very short pit stop on the way so students are asked to pack a small snack in a small bag for the bus trip.

We will be leaving the centre in Wagga Wagga at approximately 1:00 pm on the Wednesday. Estimated time of arrival will be 3:15 – 3:30 pm back at Latham Primary School. Staff will contact the school if there are any changes to this, so please contact the school front office for updates if required.

Dietary Information

If your child requires specific dietary accommodations that you feel cannot be delivered by Borambola Sport and Rec, please contact Melissa Mongan and organise a plan for these needs. All dietary considerations should have been entered through the online registration **prior to Wednesday 24 February** to allow the centre time to plan for these needs.

Medical Information

All students are required to have an updated Medical Information and Consent Form completed. In addition, if there is medication to be administered for the duration of camp, families will need to complete a 'Permission to Administer Medication Form' prior to leaving. These forms are available from the front office. Please do not leave the completion of these forms till the morning of the camp as this may delay our departure.

All medication, even if generally self administered, needs to be clearly labelled with your child's name and the dosage in a zip lock bag. Additional instructions can also be inside the bag as well as on the other forms. The first aid officers for this excursion are Melissa Mongan and Lynette Eddowes. Melissa will be on hand to collect all medication before boarding the bus on Monday morning. She will be wearing a hi vis vest and have boxes for medication.

Emergency contact

No students are to take mobile phones to camp. Emergency contact with the group can be made by phoning Latham Primary School and relevant staff will be contacted. In the event of any emergency, we will make contact with you by phone (**please ensure that the school has up-to-date contact information for your family - both day and night contacts are needed**). In the event that medical attention is obviously necessary, we will seek medical attention from the nearest appropriate medical facility and advise you as soon as practicable.

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Valuables and personal belongings

One of the learning curves of camp is managing three days without devices. Please do not pack devices for your child as this will hinder the experience, in addition to providing opportunities for these valuables to be lost, damaged or stolen. Students do not need cameras, teachers will take plenty of 'happy snaps' and share these through Seesaw, a future assembly, or through the television in the school's front foyer. Many students have asked about night lights, please discuss this with your child as well as the classroom teacher. Again, no responsibility is held for damaged, lost or stolen belongings. Options discussed with students included a soft light entering through a window or open door and students will be checked in on into the evening. Consideration also needs to be given to the other students in the cabin.

Bedding and Linen

This is also listed on the 'what to bring list'. Due to COVID restrictions all students are required to bring all of their bedding. At a minimum this is a pillow and sleeping bag, but if your child prefers sheets, they will need all bed sheets, and doonas as none will be provided. Towels and perhaps a bath mat will also be required. See list of items to bring to camp.

It is also important that your child/ren can carry all of their required items. Perhaps they will need multiple trips, but on the way home they will need to pack up their belongings and get them to the bus, so encourage them to do so when we leave as well. Many children need practice getting their sleeping bags back in the cover and zipping up their bags by making all the clothes fit back in!

Activities

Confirmed activities for camp are:

- Low Ropes
- Archery
- Kayaking (in a billabong)
- Mud Run (this requires an outfit and shoes that can get wet and dirty!)
- BMX
- Team Initiatives
- Pioneering
- Chain Reaction

In addition, there will be activities for free time, one of which will be the swimming pool. However, to participate in the pool, trained staff will complete the swim safety test with the students. Only the students that pass will be permitted supervised play in the pool. Students have also raised concern over riding bikes, and this may be a good opportunity to experiment and have a small ride.

Kind regards
Melissa Mongan
Executive teacher
23 February 2021

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WHAT TO BRING TO BORAMBOLA CAMP

(Keep this list handy for reference and tick off when packed)

Borambola Sport and Recreation Centre is located in Wagga Wagga. When packing your clothes it is important to remember layers so you can adjust to the changes in weather conditions. Layers of lighter warm clothing to wear under a wind proof jacket are better than one bulky jumper so as it warms up, layers can be removed to maximize comfort. One or more of the activities may result in clothes getting wet or dirty, so make sure you pack spares!

Here is a checklist of items you will need to bring to camp.

Please pack a small snack for the bus trip and a full water bottle for the first day of camp.

- Bed Linen: 2 sheets or a sleeping bag (warm but not too bulky)
- Pillow and pillow slip
- Towels (one bath towel, one beach towel and one that can get dirty after the mud run)
- Toothbrush and Toothpaste
- Soap, shampoo, brush/comb, small bath towel or bath mat & any other toiletries
- Clothing for three days **and at least 2 spare sets** in case one gets wet.
 - Long pants (jeans are not suitable) and shorts
 - Underwear and socks
 - short sleeved t-shirts and perhaps a long sleeve if it cools down
 - **Waterproof lightweight coat- must bring this item (not just spray – needs to handle rain!!)**
 - Warm jumper
- swimmers and goggles (optional for free time– but may want to wear to the kayaking activity)
- sun cream SPF 30+
- insect repellent
- Hat (wide brimmed) and sunglasses are also recommended
- Pyjamas
- Thongs for use in shared bathroom spaces
- Comfortable outdoor shoes - 3 pairs (one pair will get wet and muddy)
- 2 labeled plastic/waterproof bags: 1 for muddy clothes, 1 for wet clothes
- a water bottle that does not leak

Optional

- one small teddy bear or soft toy to look after your bed
- A book to read on the bus or just before bedtime

DO NOT BRING

- jewelry (except stud earrings)
- torch
- lollies or other food (**except a small snack on the first day**)
- mobile phones or any other electronics (unless previously discussed with the teacher)
 - The school takes no responsibility for devices being lost, stolen or damaged